

In summary, children will improve their behavior because of the relationship with their parents. Thus, love and constraints go hand in hand, gradually allowing them to experience the richness and sweetness of the parentchild relationship.

### Complete the exercise and submit to the social worker to receive a gift.

Name :	Class:
1 Shar	e a family rule established with your child:
T. Orlan	a fairing rule established with your crind.
2. Is the	e child able to practice it or not? Why?
2. Is the	e child able to practice it or not? Why?

Thank you for your sharing. We believe that continuous support and guidance can cultivate good character in a child.



## 循道衛理楊震社會服務處 YANG MEMORIAL METHODIST SOCIAL SERVICE



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The Six A's of Positive Parenting: The importance of Accountability and Authority

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# A Good Parent-Child Relationship is the Starting Point of Everything

The Six A's of Positive Parenting was developed by Dr. Josh Mcdowell, a renowned parenting expert from the United States, emphasizing that a good parent-child relationship is the starting point of everything. In the previous two newsletters, we shared about "Acceptance", "Appreciation", "Affection" and "Availability," and in this newsletter, we will discuss "Accountability" and "Authority."

Dr. Josh Mcdowell emphasizes that the six A's of positive parenting is not about content but about sequence. A fulfilling parent-child relationship is the foundation. When this foundation is strong, children will respond positively and ultimately understand their responsibilities.

## The Importance of "Accountability"

#### Cultivating a Sense of Mission from Accountability

In addition to appreciation and affection, parents also need to teach children to be responsible, guiding them to develop self-control through reasonable limits. The key for parents is to be a good model.

#### **Practical Methods:**



#### 1.Establish Rules:

Parents should work with their children to create family rules, helping them understand acceptable behaviors and discussing the consequences of undesirable behaviors.

#### 2.Let Children Face Consequences:



When children break the rules, allow them to experience the corresponding consequences. This helps them understand the relationship between actions and outcomes.



#### 3. Encourage Independence:

Allow children to make decisions independently in appropriate situations, and let them face the consequences.



#### 4. Reflection and Discussion:

When children face problems or failures, reflect with them and discuss areas for improvement.



#### 5. Praise Responsible Behavior:

When children demonstrate responsible behavior, provide timely praise to encourage them to maintain this behavior.

## The Importance of "Authority"

#### Parental Authority is based on Relationship

What gives parents authority in their children's lives is the close relationship established with the child. This intimate relationship also includes constraints.



Constraints are an important factor for children's sense of security. Appropriate constraints allow children to be challenged, helping them grow and develop.